

Department of Health Education and Promotion

Curriculum vitae- Ahmad Ali Eslami

- **Bachelor in Nursing, 1990: Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences, Isfahan, Iran**
- **Masters in Health Education, 1995: Department of Public Health Services, School of Public Health, Tehran University of Medical Sciences, Tehran, Iran**
- **Ph.D. in Health Education, 2000: Department of Health Education, School of Medical Sciences, Tarbiat Modares University, Tehran, Iran**

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2. Academic history:

• Bachelor in Nursing, 1990

Faculty of Nursing and Midwifery, Isfahan University of Medical Sciences, Isfahan, Iran

• Masters in Health Education, 1995

Department of Public Health Services, School of Public Health, Tehran University of Medical Sciences, Tehran, Iran

• Ph.D. in Health Education, 2000

Department of Health Education, School of Medical Sciences, Tarbiat Modares University, Tehran, Iran

3. Professional experience:

Karaj University of Medical Sciences Health Care Network (1990-1995):

- 1) Nursing services at Shahid Bahonar Hospital
- 2) Coordination of emergency services in the geographical area of Karaj

4. Qualifications and skills:

Group management, Psychometric instrument and content, Certification in nursing services

5. Professional associations and affiliations:

Iranian Health Education & Promotion Association

6. Research fields:

Instrument psychometrics, Substance abuse and studies based on social cognitive theory

7. Publications:

- 1) R Soltani, G Sharifirad, B Mahaki, AA Eslami., (2018) "Determinants of Oral Health Behavior among Preschool Children: Application of the Theory of Planned Behavior." Journal of Dentistry, Shiraz University of Medical Sciences 19 (4), 273-279.

- 2) AA Eslami, L Rabiei, M Shirani, R Masoudi., (2018) "Dedication in caring of hemodialysis patients: Perspectives and experiences of Iranian family caregivers." *Indian journal of palliative care* 24 (4), 486.
- 3) M Nematollahi, AA Eslami., (2018) "Development and Validation of Social Cognitive Theory Based Questionnaire for Physical Activity to Preventing Osteoporosis." *Iranian Journal of Psychiatry and Behavioral Sciences* 12 (3).
- 4) Z Fathian Dastgerdi, AA Eslami., (2018) "The relationship between social influences and adolescents' substance use-related cognitions." *Journal of Substance Use* 23 (3), 268-273.
- 5) AA Eslami, E Norozi, M Hajhosseini, AA Ramazani, MR Miri., (2018) " Social cognitive theory as a theoretical framework to predict sustained abstinence 6 months after substance use treatment." *Journal of Substance Use* 23 (3), 300-306.
- 6) H Rohani, M Bidkhori, AA Eslami, E Sadeghi, A Sadeghi., (2018) " Psychological factors of healthful diet promotion among diabetics: an application of health action process approach." *Electronic physician* 10 (4), 6647.
- 7) Z Alipour, GR Kheirabadi, AA Eslami, A Kazemi., (2018) "Psychological profiles of risk for antenatal depression and anxiety in Iranian sociocultural context." *Journal of Education and Health Promotion* 7 (1), 160.
- 8) SS Daniali, FM Darani, E Tavassoli, A Afshari, F Forouzande, AA Eslami., "The Prevalence of Depression and Its Association with Self-Management Behaviors in Chronic Disease Patients." *Iranian Journal of Psychiatry and Behavioral Sciences*In Press.
- 9) H Rohani, E Sadeghi, A Eslami, M Raei, T Jafari-Koshki., (2018) " Predictors of physical activity among adults with Type 2 diabetes mellitus, Isfahan: Structural equation modeling approach." *Int J Prev Med.* 9: 66. doi: 10.4103/ijpvm.IJPVM_394_16
- 10) A Afshari, F Mostafavi, A Latifi, LA Ghahnaviyeh, M Pirouzi, AA Eslami., (2018) "Hospitals reorientation towards health promotion: A qualitative study of barriers to and strategies for implementation of health promotion in hospitals of Isfahan, Iran." *Journal of Education and Health Promotion* 7 (1), 72.
- 11) N Sharafkhani, AA Eslami, H Rezaei, H Mirzaei., (2018) " Survey and predicting the balancing aspects of life style in relation with the blood pressure in urban population has over 30 years in buin miandasht/esfahan." *The J Urmia Nurs Midwifery Fac* 16 (1), 22-29. Persian
- 12) AA Eslami, ZF Dastgerdi, F Ghofranipour, F Mostafavi., (2018) " Cultural Adaptation and Psychometric Properties of Social Cognitive Scales Related to Substance Use Behavior in Iranian Adolescents." *International Journal of High Risk Behaviors and Addiction.* In Press
- 13) M Nematollahi, AA Eslami., (2018) "Development and psychometric properties of a Calcium Intake Questionnaire based on the social cognitive theory (CIQ-SCT) for Iranian women." *Health promotion perspectives* 8 (1), 54.
- 14) R Soltani, AA Eslami, E Norozi, M Motamedi., (2017) "Factors Related to Treatment Adherence in Type 2 Diabetic People Referring to the Tabriz Diabetes Clinic in 2015: Based on the Health Belief Model." *Journal of Health Sciences and Technology* 1 (4), 163-169.
- 15) F Jalilian, MM Alavijeh, M Ahmadpanah, BK Matin, M Ataee, AA Eslami., (2017) " Psychometrics of the Instrument Measuring Beliefs Related to Drug Abuse among Iranian College Students." *Journal of Health Management* 19 (3), 377-386.

- 16) RF HASHEMI, R Soltani, A Eslami, A Hasanzadeh.,(2017) "Effects of family based education programs on body mass index of overweight and obese children: an intervention based on the social-cognitive theory." *Iranian Journal of Endocrinology and Metabolism* 19 (3), 151-160.
- 17) R Soltani, AA Eslami, N Akhlaghi, B Mahaki, M Vahedian-Shahroodi.,(2017) "Does health literacy affect women's oral health self-care behavior? A cross-sectional study in health centers of Tabriz, North West of Iran." *Journal of Oral Health and Oral Epidemiology* 6 (3), 138-144.
- 18) E Norozi, MR Miri, AA Eslami, AR Harivandi, R Dastjerdi., "Predictors of motivation for substance abuse treatment in a sample of Iranian addicts." *Journal of Substance Use* 22 (2), 123-128.
- 19) AA Eslami, SS Daniali, K Mohammadi, N Reisi-Dehkordi .,(2017)"Cultural adaptation and psychometric properties of the persian version of self-efficacy in chronic disease patients." *Iranian journal of nursing and midwifery research* 22 (1), 57.
- 20) SS Daniali, AA Eslami, MR Maracy, J Shahabi, F Mostafavi-Darani., (2017)"The impact of educational intervention on self-care behaviors in overweight hypertensive women: A randomized control trial." *ARYA atherosclerosis* 13 (1), 20.
- 21) R Soltani, AA Eslami, N Akhlaghi, G Sharifirad, M Alipoor, B Mahaki.,(2017) "Toothbrushing frequency among 4–6-year-old Iranian children and associated maternal attitude and sociobehavioral factors." *Dental research journal* 14 (1), 50.
- 22) F Sadr Hashemi, R Soltani, A Hassanzadeh, A Ali Eslami., (2017)" Relationship between breakfast consumption and self-efficacy, outcome expectations, evaluation and knowledge in elementary students." *International Journal of Pediatrics* 5 (1), 4163-4174.
- 23) SS Daniali, FM Darani, AA Eslami, M Mazaheri., (2017) "Relationship between Self-efficacy and Physical Activity, Medication Adherence in Chronic Disease Patients." *Adv Biomed Res.* 6: 63, doi: 10.4103/2277-9175.190997.
- 24) F Jalilian, BK Matin, M Ahmadpanah, M Ataee, MM Alavijeh, AA Eslami., (2017) " The personality factors predictors in substance abuse among Iranian college students." *International Journal of High Risk Behaviors and Addiction* 6 (1).
- 25) E Norozi, MR Miri, R Soltani, AA Eslami, AR Harivandi, R Dastjerdi.,(2016) "Drug Avoidance Self Efficacy Scale (DASES): A cultural adaptation and validation study." *Journal of Substance Use* 21 (5), 449-454.
- 26) AA Eslami, L Rabiei, HA Abedi, M Shirani, R Masoudi., (2017) "Coping skills of iranian family caregivers'in caretaking of patients undergoing haemodialysis: A qualitative study." *Journal of renal care* 42 (3), 162-171.
- 27) L Rabiei, AA Eslami, HA Abedi, R Masoudi, GR Sharifirad., (2016) "Caring in an atmosphere of uncertainty: perspectives and experiences of caregivers of peoples undergoing haemodialysis in Iran." *Scandinavian journal of caring sciences* 30 (3), 594-601.
- 28) SFZ Motlagh, R Chaman, E Sadeghi, AA Eslami., (2016) "Self-care behaviors and related factors in hypertensive patients" *Iranian Red Crescent Medical Journal* 18 (6).
- 29) E Norozi, MR Miri, R Soltani, AA Eslami, AR Harivandi, R Dastjerdi., (2016) " Cultural adaptation and psychometric properties of the persian version of the circumstances, motivation, and readiness scale." *International journal of high risk behaviors & addiction* 5 (2).
- 30) Z Fathiandastgerdi, AA Eslami, F Ghofranipour, F Mostafavi, AA Ebrahimi., (2017) "The relationship between self-efficacy, coping skill and substance use in adolescent: based on structural equation modeling." *Journal of Substance Use* 21 (3), 287-293 .

- 31) M Janighorban, M Allahdadian, F Mohamadi, A Dadkhah, A Eslami., (2016) "Need for consultation and training during bed rest in women with high risk pregnancy experience: A qualitative study." *International Journal of Pediatrics* 4 (5), 1705-1714.
- 32) MH Abasi, AA Eslami, F Rakhshani, M Shiri., (2016) "Development and psychometric properties of a self-regulation scale about leisure time physical activity in Iranian male adolescents" *Iranian journal of nursing and midwifery research* 21 (2), 183.
- 33) H Rohani, M Malekahmadi, AA Eslami, A Ghaderi, M Bidkhorji, M Raei ., (2016) "Predicting dietary behavior of type 2 diabetics: Application of the theory of planned behavior and perceived risk of diabetes complications construct." *Chronic Diseases Journal* 3 (2), 71-78
- 34) F Jalilian, MM Alavijeh, TA Jouybari, BK Matin, M Ahmadpanah ., (2016) "Psychometric analysis of the substance use risk profile scale (SURPS) among Iranian Medical University students" *Research Journal of Medical Sciences* 10 (3), 152-158.
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- 36) R Soleimani, AA Eslami, M Almasian, N Ra'isiDehkordi, N Parsa Gohar ., (2016) "The Effect of Self-Efficacy and Outcome Expectations Training on the Enhancement of Physical Activities Among Women Suffering From Breast Cancer: An Evidence-Based Intervention." *Iran Red Crescent Med J.* 18.
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- 40) A Afshari, F Mostafavi, M Keshvari, L Ahmadi-Ghahnaviye, M Piruzi ., (2016) "Health promoting hospitals: a study on educational hospitals of Isfahan, Iran." *Health promotion perspectives* 6 (1), 23.
- 41) MH Abasi, AA Eslami, F Rakhshani, M Shiri., (2016) "A self-efficacy questionnaire regarding leisure time physical activity: Psychometric properties among Iranian male adolescents." *Iranian journal of nursing and midwifery research* 21 (1), 20.
- 42) AA Eslami, L Rabiei, SM Afzali, S Hamidzadeh, R Masoudi., (2016) "The effectiveness of assertiveness training on the levels of stress, anxiety, and depression of high school students." *Iranian Red Crescent Medical Journal* 18 (1).
- 43) H Rohani, A Eslami, M Raei, H Tavakoli, M Bidkhorji, A Ghaderi., (2015) "Evaluation theory of planned behavior and complications of diabetes perceived risk in predicting dietary behavior among type 2 diabetics." *Iranian Journal of Diabetes and Metabolism* 15 (1), 37-44.
- 44) Z Fathian Dastgerdi, AA Eslami, F Ghofranipoor, F Mostafavi., (2015) " Psychometric properties of coping and self-efficacy scales related to substance use in a sample of Iranian adolescents." *Drugs: Education, Prevention and Policy* 22 (6), 470-475.

- 45) F Jalilian, M Ataee, BK Matin, M Ahmadpanah, TA Jouybari, AA Eslami ., (2015) "Cognitive factors related to drug abuse among a sample of iranian male medical college students." *Global journal of health science* 7 (5), 143.
- 46) GH Khaledi, F Mostafavi, AA Eslami, HR Afza, F Mostafavi, H Akbar., (2015) "Evaluation of the effect of perceived social support on promoting self-care behaviors of heart failure patients referred to the Cardiovascular Research Center of Isfahan." *Iranian Red Crescent Medical Journal* 17 (6).
- 47) MH Abasi, AA Eslami, F Rakhshani., (2015) "Introducing an outcome expectation questionnaire and its psychometric properties regarding leisure time physical activity for iranian male adolescent." *Iranian Red Crescent Medical Journal* 17 (5).
- 48) F Jalilian, MM Alavijeh, M Ahmadpanah, BK Matin, M Ataee, AA Eslami., (2015) "Is Web-Based Education Effective in Reducing Belief Toward Drug Abuse Among College Students?" *Avicenna Journal of Neuro Psych Physiology* 2 (1).
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- 51) Zinat Motlagh, Sayed Fazel, Reza Chaman, Sayed Rashid Ghafari, Zafar Parisay, Mohamad Reza Golabi, Ahmad Ali Eslami, Amin Babouei., (2015) " Knowledge, treatment, control, and risk factors for hypertension among adults in Southern Iran." *International journal of hypertension.* Volume 2015, Article ID 897070, 8 pages. <http://dx.doi.org/10.1155/2015/897070> 2015.
- 52) H Rohani, AA Eslami, T Jafari-Koshki, M Raei, H Abrishamkarzadeh ., (2015) "The factors affecting the burden of care of informal caregivers of the elderly in Tehran." *Journal of Kermanshah University of Medical Sciences* 18 (12), 726-733. Persian.
- 53) A Tol, G Sharifirad, A Eslami, D Shojaeizadeh, F Alhani, MM Tehrani., (2015) "Analysis of some predictive factors of quality of life among type 2 diabetic patients." *Journal of education and health promotion* 4.
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- 55) Farzad Jalilian, Alavijeh Mehdi Mirzaei, Mohammad Ahmadpanah, Matin Behzad Karami, Motahereh Khalvandi, Ahmad Ali Eslami., (2015) "Wired for Healthy College: Electronic-Intervention for Addressing Substance Abuse Prevention." *Avicenna Journal Of Neuro Psycho Physiology* 2 (1), Letter.
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- 59) L Davari, AA Eslami., (2014) "Underlying Factors Influencing Self-Care Quality in Type 2 Diabetic Patients in Khoram Abad City, Iran." *Journal of Research Development in Nursing & Midwifery* 11 (2), 77-85. Persian.
- 60) AA Eslami, F Jalilian, M Ataee, MM Alavijeh, M Mahboubi, A Afsar ., (2014) "Intention and willingness in understanding Ritalin misuse among Iranian medical college students: a cross-sectional study." *Global journal of health science* 6 (6), 43.
- 61) AA Eslami, L Rabiei, F Khayri, MRR Nooshabadi, R Masoudi., (2014) " Sleep quality and spiritual well-being in hemodialysis patients." *Iranian Red Crescent Medical Journal* 16 (7).
- 62) S Heidari Soureshjani, AA Eslami, M Alidousti, F Khosravi, F Hashemi., (2014) "Comparison the self-concept and behavior in adolescents without criminal record with juvenile offenders." *journal of shahrekord university of medical sciences* 15 (6). Persian.
- 63) GH Khaledi, AA Eslami, HR Afza, F Mostafavi, A Hassanzadeh., (2014) " Social Support and Self-care Behavior among Heart Failure Patients: Is there any Relationship." *Journal of Biology and Today's World* 3 (9), 194-197.
- 64) M Nasirzadeh, M Aligol, M Hafezi Bakhtiari, AA Eslami.,(2014) "The effects of education on promoting knowledge, beliefs and preventive behaviors on brucellosis among women: applying a health belief model." *Jundishapur Journal of Health Sciences* 6 (2), 343-349. Persian.
- 65) Mari Ataei, Seyyed Nasrollah Hosseini, Jouybari Touraj Ahmadi, Farzad Jalilian, Alavijeh Mehdi Mirzaei, Ahmad Ali Eslami, Abbas Aghaei., (2014) " Application of prototype/willingness model in describe Ritalin abuse behavior among college students." *Health System Research* 10 (2), 335-344. Persian.
- 66) L Beiranvand, AA Eslami, A Hassanzadeh, F Motlagh., (2014) "Educational Intervention Regarding Fruits and Vegetables Consumption among Elderly: Examinations of the stages of change construct." *Life Science Journal* 11 (19s).
- 67) M Johari, AA Eslami, H Alahverdipoor, A Hasanzade, F Farid., (2014) "Factors related to adopting healthy behaviors by patients with tuberculosis in Isfahan: Application of health belief model." *J Educ Health Promot.* 3: 86. doi: 10.4103/2277-9531.139600.
- 68) AA Eslami, A Hasanzadeh, F Jamshidi., (2014) "The relationship between emotional intelligence health and marital satisfaction: A comparative study." *J Educ Health Promot.* 3: 24. doi: 10.4103/2277-9531.127616.
- 69) AA Eslami, MA Mazaheri, F Mostafavi, MH Abbasi, E Noroozi., "Farsi version of social skills rating system-secondary student form: Cultural adaptation, reliability and construct validity." *Iranian journal of psychiatry and behavioral sciences* 8 (2), 97.
- 70) Farzad Jalilian, B Karami Matin, Mohammad Ahmadpanah, F Motlagh, M Mahboubi, AA Eslami., (2014) "Substance abuse among college students: investigation the role of hopelessness." *Life Science Journal* 11 (9 SPEC), 396-399.
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- 72) Mehdi Mirzaei Alavijeh, Mostafa Nasirzadeh, Ahmad Ali Eslami, GHolamreza Sharifirad, Akbar Hasanzadeh., (2014) "Influence of family function about youth dependence to synthetic drugs." Iranian Journal of Health Education and Health Promotion 1 (2), 19-30.
- 73) M Ghaffari, R Jamali, S Rakhshanderou, AA Eslami., (2013) "Effect of educational program on HIV/AIDS-related knowledge, attitude, and behavioral intentions of male high school's students in Bavanat." Journal of Health in the Field 1 (1). Persian.
- 74) NK Dolatabadi, AA Eslami, F Mostafavi, A Hassanzade, A Moradi., (2013) "The relationship between computer games and quality of life in adolescents." J Educ Health Promot. 2: 20. doi: 10.4103/2277-9531.112691.
- 75) M Nasirzadeh, AA Eslami, G Sharifirad, A Hasanzadeh.,(2013) "The mental health and substance abuse among youths aged 18 to 29: A comparative study." J Educ Health Promot. 2: 34. doi: 10.4103/2277-9531.115822.
- 76) E Noroozi, NK Dolatabadi, AA Eslami, A Hassanzadeh, S Davari.,(2013) "Knowledge and attitude toward menopause phenomenon among women aged 40–45 years." J Educ Health Promot. 2: 25. doi: 10.4103/2277-9531.112701.
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- 78) A Tol, A Baghbanian, G Sharifirad, D Shojaeizadeh, A Eslami, F Alhani ., (2012) "Assessment of diabetic distress and disease related factors in patients with type 2 diabetes in Isfahan: A way to tailor an effective intervention planning in Isfahan-Iran." Journal of Diabetes & Metabolic Disorders 11 (1), 20.
- 79) MA Mazaheri, FM Darani, AA Eslami.,(2012) "Effect of a brief stress management intervention on work-related stress in employees of Isfahan Steel Company, Iran." Journal of Research in Medical Sciences 17(1).
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- 81) AA Eslami, A Moazemi Goudarzi, A Najimi, G Sharifirad., (2012) "Knowledge, attitude and practice of students in universities of Isfahan toward self-medication." Health System Res 7 (5), 541-549. Persian.
- 82) A Tol, D Shojaeizadeh, G Sharifirad, A Eslami, F Alhani., (2012) "Predictors of self-management behaviors among type 2 diabetes patients." J Basic Appl Sci Res 2, 2270-4.
- 83) M Nasirzadeh, G Sharifirad, Aali Eslami, A Hassanzadeh., (2012) "A comparative study of depression, anxiety and stress between drug abusers and non-abusers in youths 18 to 29 years old." Health System Research 8 (6), 1009-1016. Persian.
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- 85) Ns Ahanchi, Aali Eslami, G Sharifirad., (2012)" Effects of Family-Based Theory of Social Support on Perceived Support Levels in Type 2 Diabetic Patients." Health System Research 8 (5), 757-764. Persian.

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- 90) Dn Kasiri, Aali Eslami, F Mostafavi, A Hassanzadeh, A Moradi., (2011) "The relationship between computer games and quality of life in Adolescents Aging 12-15 in the city of Borkhar, Iran." *Health System Research* 7 (3), 291-300. Persian.
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- 95) S Heidari Sureshjani, AA Eslami, A Hassanzadeh.,(2011) " The quality of life among multiple sclerosis patients in Isfahan." *J Health Syst Res* 7 (5), 571-9. . Persian.
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- 97) Aali Eslami, F Ghofranipour, Bb Ghobari, D Shojaeizadeh., (2010) "A theoretical pattern based on difficult behavior theory to explain difficult behaviors: concentration on the role of the mediator of mental-social factors." *Societal Security Studies* 13 (22); Page(s) 59 To 81. . Persian.

8. Presentations:

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- 2) E Norozi, NKD Abadi, A Eslami, A Hasanzadeh, S Davari., (2011) "Women's knowledge and attitude toward the Menopause." *The First International & 4th National Congress on health Education & Promotion, 2011.*
- 3) AA Eslami, F Ghofranipour, B Ghobari Bonab, ZD Shojaei., (2011) "Development and evaluation of protection/risk model based education for prevention of adolescent

behavioral problems.” The First International & 4th National Congress on health Education & Promotion, 2011

- 4) AA Eslami, F Ghofranipour, B Ghobari Bonab, ZD Shojaei., (2011) “A theoretical model based on problem behavior theory for explaining problem behaviors: focusing on the role of mediators.” The First International & 4th National Congress on health Education & Promotion, 2011
- 5) ZF Dastgerdi, A Eslami, (2017) “The Evaluation Of A Drug Use Prevention Program Among Adolescents Based On Mobilizing For Action Through Planning And Partnerships Program (MAPP)—ISFAHAN: 1392. BMJ open 7 (Suppl 1), bmjopen-2016-015415.137.