



Zohreh Fathian-Dastgerdi

Assistant professor in health education and promotion

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ABOUT ME

During eight years of teaching experience at Isfahan University of Medical Sciences and 16 years of working in health care centers, I have played a fundamental role in the development of health education and improving a wide range of community-based research and interventions at Isfahan University of Medical Sciences.

WORK EXPERIENCE

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| Sep. 2016 - Present | <p>Employing as an internship instructor for the Bachelor of Public Health and Master of Health Education and Health Promotion courses at Isfahan University of Medical Sciences.</p> <ul style="list-style-type: none">- Employing as a faculty member and assistant professor of the Health Education and Health Promotion Department at the Health Faculty of Isfahan University of Medical Sciences in Iran- Employed as a health expert in health centers |
| Jun. 1997 – Sep. 2015 | <ul style="list-style-type: none">- Employed as the head of the health education unit in the deputy health department- Employed as a public health expert at Isfahan University of Medical Sciences |

ACADEMIC BACKGROUND

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| 1996-2000 | Isfahan University of Medical Sciences-Iran Bachelor of public health |
| 2004-2006 | Isfahan University of Medical Sciences-Iran Master of Sciences in health education, and health Promotion |
| 2010-2015 | Isfahan University of Medical Sciences-Iran Ph.D. in health education, and health promotion |

LANGUAGES

Persian
English

RESEARCH INTEREST

Behavior changes studies, Designing model base educational intervention in health issues, Community-based intervention, especially in High-risk behaviors among adolescents

HONORS AND AWARDS

- Winning the First-place award for articles in the 9th International Addiction Science Congress
- Winning the second-place award for articles in the 9th International Addiction Science Congress
- Received a national appreciation from the vice president for holding a specialized panel on addiction at the third international congress on addiction
- Received the award for efforts to reduce social damage in Isfahan province as a member of the board of directors of the non-governmental organization "Keshti Nejat"
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PUBLICATION

YEAR	JOURNAL	TITLE
2022	Journal of Substance Use	Effects of a community-based substance use prevention program in Iranian adolescents (SUPPIA)-using social cognitive theory
2022	Journal of Substance Use	Developing and implementing a community-based substance use prevention program in Iranian adolescents (SUPPIA): A study protocol
2021	Research in Social and Administrative Pharmacy	Factors associated with preventive behaviors of COVID-19 among adolescents: Applying the health belief model
2021	Journal of Substance Use	Assessment of the Questionnaire of environmental factors and adolescent smoking behavior: a psychometric study
2021	Journal of Substance Use	Assessment of the Questionnaire of cognitive factors and adolescent smoking behavior
2021	Journal of Substance Use	Analysis of infrastructural factors related to adolescent smoking behavior: a path analysis study
2020	International Journal of Pediatric	An Exploratory Study of Predictors of Self-Care Behavior in Adolescents with Type 1 Diabetes based on Social Cognitive Theory

YEAR	JOURNAL	TITLE
2020	International Journal of Pediatrics	Prevalence of Internet Addiction and its Association with General Health Status among High School Students in Isfahan, Iran
2019	BMC. Italian Journal of Pediatrics	Effectiveness of message-framing intervention on complementary feeding-related behaviors among mothers with infants aged 4–8 months: a 3-arm randomized controlled trial
2018	International Journal of High-Risk Behaviors and Addiction	Cultural adaptation and psychometric properties of social cognitive scales related to substance use behavior in Iranian adolescents
2018	Journal of Substance Use	the relationship between social influences and adolescents' substance use-related cognitions
2015	Drugs: Education, Prevention, and Policy	Psychometric properties of coping and self-efficacy scales related to substance use in a sample of Iranian Adolescents
2015	Journal of Substance Use	The relationship between self-efficacy, coping skill, and substance use in adolescents: based on structural equation modeling

PRESENTATION

YEAR	CONGRESS	TITLE
2023	The first international congress on COVID-19 experiences in Zahedan	factors associated with preventive behaviors of COVID-19 among adolescents: Applying the health belief model
2022	The first international congress in smoking-Bandar Abbas	assessment of the Questionnaire of environmental factors and adolescent smoking Behavior: a psychometric Study
2022	The first international congress in smoking-Bandar Abbas	Assessment of the Questionnaire of cognitive factors and adolescent smoking behavior: A psychometric study
2022	The first international congress in smoking-Bandar Abbas	Analysis of infrastructural factors related to adolescent smoking behavior: a path analysis study
2020	14 th international congress on addiction sciences- Tehran	IS A SOCIAL COGNITIVE THEORY-BASED PROTOCOL EFFECTIVE IN PREVENTING SUBSTANCE USE IN ADOLESCENTS? A STUDY WITH A COMMUNITY-DRIVEN APPROACH

YEAR	CONGRESS	TITLE
2020	14 th international congress on addiction sciences- Tehran	INVESTIGATING INTERNET ADDICTION AND ITS RELATIONSHIP WITH DIFFERENT DIMENSIONS OF FAMILY FUNCTIONING IN ADOLESCENTS IN KHOMEINI SHAHR
2020	14 th international congress on addiction sciences- Tehran	PREVALENCE OF INTERNET ADDICTION AND ITS ASSOCIATION WITH GENERAL HEALTH STATUS AMONG HIGH SCHOOL STUDENTS IN ISFAHAN, IRAN
2019	13 th international congress on addiction sciences- Tehran	The effectiveness of community-driven prevention program in Iranian adolescents
2018	12 th international congress on addiction sciences- Tehran	Using the intervention mapping protocol to develop community-based intervention
2017	11 th international congress on addiction sciences- Tehran	Immediate and short-term Effects of Community-based substance use intervention

TEACHING EXPERIENCES

YEAR	COURSE TITLE	MAJOR
From 2019	Technical English	Public health
From 2019	Management and supervision in health centers	Public health
From 2019	Health systems in the world	Public health
From 2019	Principals of public health	Medicine, Dentistry, Management and Public health
From 2019	Health promotion in PHC	Master of sciences in health promotion
From 2019	Internship instructor	Public health