

CURRICULUM VITAE

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Professor of Epidemiology

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Personal:

Gender: Male Date of birth: August 31, 1966 Place of birth:
Shahreza, Iran

Marital Status: Married Children: Two sons

Education:

High School Diploma, Shahid Bahonar School, Shahreza, Iran, 1983

Bachelor of Science (B.Sc.), Isfahan University of Medical Sciences, Isfahan,
Iran, 1985-1990.

M.Sc., Shiraz University of Medical Sciences, Shiraz, Iran, 1991-1994

Philosophy of Doctorate (Ph.D.), Tehran University of Medical Sciences,
Tehran, Iran, 2010-2013

Thesis:

Master of Science (M.Sc.), Assessment of height and weight Velocity in
Children born in the first half of 1988

Philosophy of Doctorate (Ph.D.), Study of diagnostic criteria and grouped
addiction to opium and its derivatives to Iran using Latent class model

Professional Skills:

Computer Literacy:

- + Statistical programs: **SPSS, STATA, R, MPLUS,**
- + Microsoft applications: **Excel, Power-point, Office Word**

Data Analysis Skills:

- + Research programming
- + Research assistants
- + Statistical analysis
- + Interview and survey design and implementation
- + Sampling strategies
- + Primary data collection and secondary data analysis
- + Expertise in Latent class Analysis
- + Software packages SPSS, Mplus and R.

Honors (Medals, Fellowships, And Prizes):

Top Teacher&Researcher

- Topteacher in Lorestan University of Medical Sciences (1999)
- Topteacher in Lorestan University of Medical Sciences (2000)
- PickedResearcher in Lorestan University of Medical Sciences (2007)
- Topteacher in Universities of Medical Sciences (2007)

- PickedResearcher in Lorestan University of Medical Sciences (2007)
- PickedResearcher in Lorestan University of Medical Sciences (2008)
- PickedPoet in Lorestan Province (2007)
- Topteacher in Lorestan University of Medical Sciences (2006)
- Topteacher in Lorestan University of Medical Sciences (2003)
- PickedResearcher in Lorestan Province (2007)
- Top teacher in Lorestan University of Medical Sciences (2016)

Posts and Councils membership

- Director of the Department of Epidemiology and Biostatistics, Isfahan University of Medical Sciences (2022 up to now)
- Member of the Research Council of the Anesthesia Research Center, Isfahan University of Medical Sciences (2021 up to now)
- Associate Editor of Dental Research Journal (2017 up to now)
- Original member of Behavioral Sciences Research Center, Isfahan University of Medical Science 2016 up to now
- Original member of Lorestan University of Medical Sciences Research Council 2013 Up to 2017
- Original member of Health Faculty Education Council. Lorestan University of Medical Sciences 2003-2008 & 2013 Up to 2017
- Original member of Health Faculty Research Council. Lorestan University of Medical Sciences 2003-2008 & 2013 Up to 2017
- Original member of Ethic in Research committee. Lorestan University of Medical Sciences 1998-2005 & 2013 Up to 2017

- Education Manager of Lorestan University of Medical Sciences 1995-1997
- Original member of Health System Research Council. Lorestan University of Medical Sciences 1998-2005
- Original member of University Development Council. Lorestan University of Medical Sciences 1998-2005
- Epidemiology & Statistic Department Manager of Lorestan University of Medical Sciences 2002-2005
- Public Health Department Manager of Lorestan University of Medical Sciences 1997-1999
- Original member of Methodology and Statistics Committee. Lorestan University of Medical Sciences 2005-2009
- Original member of Medical Education Development Center. Lorestan University of Medical Sciences 1996-1997
- Secretary of the Supreme Council for Planning. Lorestan University of Medical Sciences 1996
- Head of public Health Department. Lorestan University of Medical Sciences 1996
- Original member of Lorestan University of Medical Sciences Compilation and Translation Committee 1999-2001
- Research Assistant of Health Faculty. Lorestan University of Medical Sciences 2007-2008
- Education Assistant of Health Faculty. Lorestan University of Medical Sciences.2003-2007
- Original member of Lorestan University of Medical Sciences Research Council 1995-1999

- Original member of Lorestan University of Medical Sciences Education Council 1995-1999 and 2003-2008

Published Papers in English Journals:

1. Zare M, Rezaei A, Karimifar M, Tarrahi MJ, Saraf-Bank S, Goli SAH, Amani R. Effects of pomegranate peel powder-fortified bread consumption in patients with type 2 diabetes mellitus: randomized controlled trial. *Journal of Diabetes & Metabolic Disorders*. 2025;24(2):168.
2. Yaghobieh N, Tarrahi MJ, Amani R. Relationship between food insecurity and the risk of pregnancy-induced hypertension: a prospective cohort study. *BMC pregnancy and childbirth*. 2025;25(1):318.
3. Shahzeydi A, Farzi S, Rezazadeh M, Tarrahi MJ, Farzi S, Hosseini SA. Comparison of the effects of medication error encouragement training and low-fidelity simulation on the medication safety competence and knowledge of nursing students: A quasi-experimental study. *Nurse Educ Today*. 2025;149:106676.
4. Samadinian F, Eshaghian N, Tarrahi MJ, Amani R, Akbari M, Shirani F. Phase Angle as an Indicator of Nutritional Status: A cross-sectional Study on the Iranian Population. 2025.
5. Salari N, Heidarian P, Tarrahi MJ, Mansourian M, Canbary Z, Daneshkhah A, et al. Global prevalence of eating disorders in children: a comprehensive systematic review and meta-analysis. *Italian journal of pediatrics*. 2025;51(1):107.
6. Sahraian L, Fakhar N, Tarrahi MJ, Haghshenas M. Family Functioning and the Quality of Life of Children with Cancer: A Descriptive Cross-Sectional Study. *Journal of Comprehensive Pediatrics*. 2025;16(2).
7. Nejat M, Marateb HR, Farahani MA, Rajabi MZ, Nasirian M, Mañanas MA, et al. Proactive recognition and early detection in communities through targeted HIV screening. *Scientific Reports*. 2025;15(1):27275.
8. Naeini EK, Zakizade E, Maghsoudi M, Tarrahi MJ, Meshkinfar S, Iraj Z, Heydari N. Assessment of nutritional status and associated factors among hemodialysis patients in Isfahan, Iran. *Journal of Research in Medical Sciences*. 2025;30(1):23.

9. Mohammadi M, Omid A, Tarrahi MJ, Ghadami A. The impact of intraoperative non-technical skills training on scrub practitioners' self-efficacy: a randomized controlled trial. *BMC Medical Education*. 2025;25(1):670.
10. Mirzapour Z, Jafari-Mianaei S, Tarrahi MJ, Haghani F. Investigation of the status of virtual education from the perspective of school-age children and its relationship with the health-related quality of life and life satisfaction. *Journal of Education and Health Promotion*. 2025;14(1):166.
11. Mardani Z, Tarrahi MJ, Dastgerdi ZF. The educational intervention based on social cognitive theory to promote physical activity participation in older adults: a quasi-experimental study. *Sport Sciences for Health*. 2025;21(2):1187-95.
12. Khoshgoftar M, Khorasani P, Zamani-Alavijeh F, Tarrahi MJ, Mazaheri MA. Developing a training program based on intervention mapping to improve healthcare professionals' communication skills: A study protocol. *Journal of Education and Health Promotion*. 2025;14(1):162.
13. Gheisari F, Farzi S, Tarrahi MJ, Momeni-Ghaleghasemi T, Farzi S, Nazari F, Riahi RT. The effect of an ISBAR-based clinical supervision model during handover on clinical decision-making and self-efficacy of nursing internship students: a quasi-experimental study. *BMC Medical Education*. 2025;25(1):815.
14. Amrollahi N, Adel SAR, javad Tarrahi M, Kalantari M. Efficacy of photobiomodulation therapy in reducing dental injection pain in adults: A Systematic Review and Meta-analysis. *Journal of Dentistry*. 2025:106003.
15. Zargar F, Salmani A, Tarrahi MJ. Online Self-management Training and Play Therapy for Treating Behavioral Problems of Children With T1DM. *Journal of Research and Health*. 2024;14(2):189-98.
16. Zargar F, Kolahkaj B, Majdinasab N, Javad Tarrahi M. The Effectiveness of Mindfulness-based Stress Reduction on Sleep Quality in Patients With Multiple Sclerosis. *Caspian Journal of Neurological Sciences*. 2024;10(3):190-7.
17. Zare M, Rezaei A, Karimifar M, Tarrahi MJ, Saraf-Bank S, Goli SAH, Amani R. Effect of bread fortification with pomegranate peel powder on metabolic profile in Type 2 Diabetes Mellitus patients: A randomized blind control trial. 2024.
18. Torabinia N, Asadi S, Tarrahi MJ. The Relationship Between Iron and Zinc Deficiency and Aphthous Stomatitis: A Systematic Review and Meta-Analysis. *Advanced Biomedical Research*. 2024;13(1):31.
19. Talebi Habibabadi Z, Kheirabadi G, Tarrahi M. Mental Health of Hospital Employees Over Time after the Covid-19 Pandemic. *Health Educ Public Health*. 2024;7(1):561-5.

20. Shoushtari-Moghaddam E, Karimi M, Tarrahi MJ, Soltani E, Kaveh MH. Psychological well-being and ways of coping among retirees: A cross-sectional study. *American Journal of Health Education*. 2024;1-13.
21. Shahzeydi A, Farzi S, Tarrahi MJ, Sabouhi F, Babaei S, Yazdannik A. The effect of the clinical supervision model on nursing internship students' nursing process-based performance: an experimental study. *Bmc Nursing*. 2024;23(1):166.
22. Shahzeydi A, Farzi S, Rezazadeh M, Tarrahi MJ, Farzi S, Hosseini SA. Comparison of the effects of medication error encouragement training and problem-based scenario on the medication safety competence and knowledge of nursing students: A quasi-experimental study. *Nurse Education in Practice*. 2024;81:104171.
23. Salimian M, Tarrahi MJ, Dadkhahtehrani T, Pirhady M. The prevalence and related factors of post-partum anxiety and depression among mothers during COVID-19 pandemic in 2021. *BMC Public Health*. 2024;24(1):2394.
24. Sadeghi S, Hashemi H, Tavakoli F, Kazemi-Galougahi MH, Iraj B, Tarrahi MJ, et al. FROM SYMPTOMS TO SURVIVAL: TRACKING COVID-19 PATIENT OUTCOMES IN AN OUTPATIENT CLINIC. *Medical Journal/Medicinski Časopis*. 2024;58(4).
25. Saber F, Ezadbakhsh N, Tarrahi MJ. The prevalence of the risk factors associated with cardiovascular diseases among Iranian adults: Findings of a cross-sectional study. *Journal of Education and Health Promotion*. 2024;13(1):265.
26. Movahedi M, Goharian M, Rasti S, Zarean E, Tarrahi MJ, Shahshahan Z. The uterocervical angle-cervical length ratio: A promising predictor of preterm birth? *International Journal of Gynecology & Obstetrics*. 2024;165(3):1122-9.
27. Moradi M, Talebi A, Shavakhi S, Tarrahi MJ, Far FM. Coronary artery calcification score as the determinant of coronary artery disease in chronic kidney disease patients: A preliminary study. *Arya Atherosclerosis*. 2024;20(3):12.
28. Moosavinejad SH, Tarrahi MJ, Fathian-Dastgerdi Z. A Case-Control Study of Cognitive Factors Affecting Colorectal Cancer Screening Participation in 50–70-Year-Old Iranian Adults. *American Journal of Health Education*. 2024;55(2):119-26.
29. Mardany Z, Tarrahi MJ, Dastgerdi ZF. Demographic and Cognitive Determinants of Physical Activity among Iranian Older Adults. 2024.
30. Malekmohammadi M, Zargar F, Moayedi Z, Salehi M, Tarrahi MJ, Salimi H. Comparing the Effect of Internet-Delivered Interpersonal Psychotherapy and Compassion-Focused Therapy on the Quality of Life and Grief Experience of First-

Degree Relatives of the Deceased Due to COVID-19. *Iranian Journal of Psychiatry and Behavioral Sciences*. 2024;18(1):10.

31. Khoshnazar MS, Tarrahi MJ, Shahnazi H. Impact of virtual education based on health belief model on cervical cancer screening behavior in middle-aged women: A quasi-experimental study. *Cancer Reports*. 2024;7(4):e2058.

32. Jaafari S, Molaeinezhad M, Tarrahi MJ, Moosaei MR, Sahfie K, Afshar H. Effectiveness of Extended-Release Bupropion and Duloxetine on Pelvic Pain and Sexual Function among Patients with Chronic Prostatitis/Chronic Pelvic Pain. *Advanced Biomedical Research*. 2024;13(1):98.

33. Heshmatipour M, Taheri N, Tarrahi J, Nejad FA. The effect of quadratus lumborum dry needling on improvement of maximal isometric force of gluteus medius, pain and function of patellofemoral joint in patients with patellofemoral pain syndrome (single-blind randomized controlled trial). *Authorea Preprints*. 2024.

34. Hashemi M, Madani ES, Ghahiri A, Tarrahi MJ, Rouholamin S. Assessment of long-and short-term outcomes of hysteroscopic polypectomy in patients with uterine polyps. *Advanced Biomedical Research*. 2024;13(1):57.

35. Gheisari F, Farzi S, Tarrahi MJ, Momeni-Ghaleghasemi T. The effect of clinical supervision model on nurses' self-efficacy and communication skills in the handover process of medical and surgical wards: an experimental study. *Bmc Nursing*. 2024;23(1):672.

36. Eslamian M, Talebzadeh H, Fasahat A, Ghasemi M, Seifnezhad A, Zefreh H, et al. Risk factors of pulmonary complications in the patients with COVID-19: A case-control study. *Arch Clin Infect Dis*. 2024;19(2).

37. Emami ZM, Mozaffari R, Tarrahi MJ. Prediction of Marital Satisfaction Based on Sexual Dysfunction in Couples on the Threshold of Divorce. *International Journal of Body, Mind & Culture* (2345-5802). 2024;11(6).

38. Bavandipour A, Safaee M, Tarrahi MJ, Eizadi-Mood N. Central Venous Catheter Complications in the Poisoning Emergency Center: A 5-Year Cross-Sectional Study. *Advanced Biomedical Research*. 2024;13(1):58.

39. Anari M, Taebi M, Tarrahi MJ, Pirhadi M. Relationship between emotional intelligence, quality of life, and infertility stigma in infertile woman: A descriptive-correlational study. *International journal of reproductive biomedicine*. 2024;22(9):739.

40. Amrollahi N, Shahshahan SA, Nilchian F, Tarrahi MJ. Dental Fear and Caries in 6-to 12-Year-Old Children: a Systematic Review and Meta-analysis. *Chinese Journal of Dental Research*. 2024;27(2).

41. Aleebrahim F, Soleimani S, Tarrahi MJ. The Correlation Between Self-Expression and High-Risk Behaviors in Students. Shiraz E-Medical Journal. 2024;25(10).
42. Aleebrahim F, Heidari Z, Yousefnejad S, Kheirabadi G, Tarrahi MJ. Latent class of depressive symptoms of and its determinants: A cross-sectional study among Iranian University students. Journal of Research in Medical Sciences. 2024;29(1):9.
43. Zargar F, Monzavi P, Tarrahi MJ, Salehi SA. Medication Beliefs, Cognitive Defusion, and Valued Living in Hypertensive Patients with Varying Medication Adherence. Arya Atherosclerosis. 2023;19(1):17.
44. Zargar F, Mansouri R, Tarrahi M-J. Investigating the Relationship Between Psychological Flexibility, Mindful Ability, and Self-compassion With the Severity of Depression in Patients With Mood Disorders. Iranian Rehabilitation Journal. 2023;21(2):301-8.
45. Zargar F, Fahim A, Nikgoftar N, Tarrahi MJ. Comparing the effect of internet-delivered short-term progressive muscle relaxation and psychoeducation on mindful ability, visceral hypersensitivity and symptoms of patients with irritable bowel syndrome. Journal of Education and Health Promotion. 2023;12(1):259.
46. Zarean E, Farahbod F, Khanjani S, Zambagh L, Tarrahi MJ, Veisian M. Comparison of renal artery Doppler parameters of monochorionic diamniotic twin pregnancies with and without twin-to-twin transfusion syndrome. Journal of Research in Medical Sciences. 2023;28(1):41.
47. Zare M, Goli AH, Karimifar M, Tarrahi MJ, Rezaei A, Amani R. Effect of bread fortification with pomegranate peel powder on glycemic indicators, antioxidant status, inflammation and mood in patients with type 2 diabetes: Study protocol for a randomized, triple-blind, and placebo-controlled trial. Journal of Diabetes & Metabolic Disorders. 2023;22(1):921-9.
48. Zangeneh Jolovi S, Tarrahi MJ, Safdari Dehsheshmeh F, Nekuei NS. Barriers to Sexual Health Education for Female Adolescents in Schools from Health Care Providers' perspective. Journal of Midwifery and Reproductive Health. 2023;11(2):3694-703.
49. Yazdkhasti M, Molaeinezhad M, Tarrahi MJ, Karahmadi M, Salimi H. Investigating the relationship between early maladaptive schemas and sexual Self-Confidence and sexual Self-Efficacy in individuals with gender dysphoria. Advanced Biomedical Research. 2023;12(1):232.
50. Vajdi M, Musazadeh V, Karimi A, Heidari H, Tarrahi MJ, Askari G. Effects of chromium supplementation on lipid profile: An umbrella of systematic review and meta-analysis. Biological trace element research. 2023;201(8):3658-69.

51. Tarrahi MJ, Farzi S, Farzi K, Shahzeydi A, Saraeian S, Moladoost A, Pebdeni AS. Medication safety climate from the perspectives of healthcare providers: A cross-sectional study. *Journal of Education and Health Promotion*. 2023;12(1):195.
52. Taheri F, Tarrahi MJ, Mahdavianfar M, Fathian-Dastgerdi Z. Social, emotional, and academic self-efficacy of adolescents in suburban areas: analysing interdependencies across socio-demographic factors. *International Journal of Adolescence and Youth*. 2023;28(1):2270042.
53. Shahzeydi A, Farzi S, Tarrahi MJ, Babaei S, Babaei S. The effect of clinical supervision model on nursing interns medication safety competence and knowledge: a clinical trial. *Nurs Midwifery Stud*. 2023;12(4):190-6.
54. Shahzeydi A, Farzi S, Tarrahi MJ, Babaei S. Exploring internship nursing students' experiences regarding the effect of supervision model implementation on medication safety: A descriptive qualitative study. *Journal of Education and Health Promotion*. 2023;12(1):266.
55. Shahidi S, Zargar F, Khajelangi HA, Tarrahi MJ. The effect of internet-delivered mindfulness stress reduction combined with Acceptance and Commitment Therapy on Health anxiety and quality of life of Caregiver of patients infected by COVID-19: A Randomized Clinical Trial. *International journal of community based nursing and midwifery*. 2023;11(2):110.
56. Saeidi Ghahe A, Shahedi B, Kheirabadi GR, Tarrahi MJ. Comparing Depression Scores in Different Types of Housing and Residential Floors in the Residents of Isfahan City, Iran. *Middle Eastern Journal of Disability Studies*. 2023;13(0):122-.
57. Raeisi M, Mohammadi HK, Heshmatipour M, Tarrahi MJ, Taheri N. Effect of transfer energy capacitive and resistive therapy on shoulder pain, disability, and range of motion in patients with adhesive capsulitis: A study protocol for a randomized controlled trial. *Journal of Chiropractic Medicine*. 2023;22(2):116-22.
58. Paria G, Hajizadeh Y, Ebrahimpour K, Tarrahi MJ. Monitoring the level of urinary metabolites of toluene and xylene in pregnant women in Isfahan and Khansar and their relationship with demographic factors and air quality index. *International Journal of Environmental Health Engineering*. 2023;12(1):2.
59. Noroozi Masir M, Tarrahi MJ, Fathian Dastgerdi Z, Rahimi M. Investigating the factors related to protective behaviors against COVID-19 in healthcare workers: Application of extended parallel process model. *Health Science Reports*. 2023;6(12):e1778.

60. Nilchian F, Mosayebi N, Tarrahi MJ, Pasyar H. Comparison of oral indices in patients with Down syndrome and healthy individuals: A meta-analysis study. *Dental research journal*. 2023;20(1):104.
61. Moradi M, Salamatizadeh AA, Talebi V, Karami M, Farghadani M, Tarrahi MJ, Khosravi A. The Value of Coronary Computed Tomography Angiography in Patients with a High Calcium Score. *The Journal of Tehran University Heart Center*. 2023;18(4):288.
62. Mohseni Homagarani Y, Adlparvar K, Teimuri S, Tarrahi MJ, Nilchian F. The effect of diabetes mellitus on oral health-related quality of life: A systematic review and meta-analysis study. *Frontiers in Public Health*. 2023;11:1112008.
63. Moghaddam ES, Kaveh MH, Karimi M, Tarrahi MJ, Soltani E. Development and evaluation of a theory-based health promotion programme aimed at improving retirees' psychological well-being and quality of life: a protocol for a mixed-method study. *BMJ open*. 2023;13(11):e075337.
64. Khorammakan R, Totonchilar S, Pourahmad M, Tarrahi MJ, Ghadami A. The effect of teaching the principles of self-care based on motion graphics on the quality of life and hope of people with covid-19 in home quarantine. 2023.
65. Khanjari G, Rahimi M, Kalantari N, Afshar S, Chaharlang A, Dehghani F, Amini M. Study of exclusive breastfeeding behaviour based on the theory of planned behaviour in pregnant women in Isfahan in 2021. *Family Medicine & Primary Care Review*. 2023;25(1).
66. Khanjani S, Farahbod F, Zarean E, Tarrahi MJ, Mohammadi B. Evaluation of the relation between cerebroplacental ratio, umbilical-cerebral ratio, and cerebro-placental-uterine ratio with the occurrence of adverse perinatal outcomes in pregnancies complicated by fetal growth restriction. *Immunopathologia Persa*. 2023;9(2):39503-.
67. Kavehzadeh MS, Tarrahi MJ, Ghadami A. Web-Based Application Learning: A New Approach to Promote Learning the Basic Principles of Laparoscopic Surgery Equipment and Tools. 2023.
68. Honarjoo M, Kohan S, Tarrahi MJ, Zarean E, Sepahi S, Safari Z. Relationship between false positive screening results of down syndrome and adverse pregnancy outcomes. *Iranian Journal of Nursing and Midwifery Research*. 2023;28(4):443-7.
69. Haghighipour S, Salesi M, Keikhaei F, Tarrahi MJ, Khani Z, Salehi H. Changes in the Level of Antiphospholipid Antibodies (Anticardiolipin and Anti- β 2-Glycoprotein-I) and Thromboembolic Indices in COVID-19 Patients during 3 Weeks. *International Journal of Preventive Medicine*. 2023;14(1):38.
70. Esfandiari Z, Shoaee P, Vakili B, Farajzadegan Z, Tarrahi MJ, Emami Z, et al. Prevalence and antibiotic resistance of clostridioides (*Clostridium difficile*) in

meat and meat products: a systematic review and meta-analysis. *Iranian Journal of Public Health*. 2023;52(12):2516.

71. Bastaminejad S, Heidari Z, Tarrahi M, Zargar F. Investigating the mediating role of psychological problems in the relationship between perfectionism and self-esteem in students. *Clinical Cancer Investigation Journal* 2023.

72. Barafrashtehpour M, Ebrahim A, Javad TM, Asadi M, Pourzamani H. Analysis of the effect of heavy metals on the incidence of cancer and health risk assessment on drinking water sources in 2021-2022 using geostatistics (Study area: Kohgilouye and BoyerAhmad province, Iran). 2023.

73. Abedini M, Ramezani-Jolfaie N, Ghasemi-Tehrani H, Tarrahi MJ, Amani R. The effect of concentrated pomegranate juice on biomarkers of inflammation, oxidative stress, and sex hormones in overweight and obese women with polycystic ovary syndrome: A randomized controlled trial. *Phytotherapy Research*. 2023;37(6):2255-61.

74. Abedini M, Ramezani-Jolfaie N, Ghasemi-Tehrani H, Tarrahi MJ, Amani R. The effect of concentrated pomegranate juice on biomarkers of inflammation, oxidative stress, and sex hormones in overweight and obese women with polycystic ovary syndrome: A randomized controlled trial. *Phytotherapy research* : PTR. 2023;37(6):2255-61.

75. Abedi N, Maleki L, Tarrahi MJ, Khalesi S. Evaluation of changes in salivary lactate dehydrogenase level for detection of head and neck squamous cell carcinoma: a systematic review and meta-analysis study. *International Journal of Preventive Medicine*. 2023;14(1):50.

76. Zargar F, Rabiei M, Naderi Z, Tarrahi MJ. The Effect of Group Acceptance and Commitment Therapy on the Management of Asthma: A Randomized Clinical Trial. *Iranian Journal of Psychiatry and Behavioral Sciences*. 2022;16(1).

77. Zare M, Goli AH, Karimifar M, Tarrahi MJ, Rezaei A, Amani R. Effects of bread fortification with pomegranate peel powder on health status: Study design and protocol. *Journal of Diabetes & Metabolic Disorders*. 2022;22:921-9.

78. Tarrahi MJ, Zhaleh MRK. Investigating Internet Addiction and Sleep Quality Correlation Among Students of Isfahan University of Medical Sciences in 2021. *Health Scope*. 2022;11(3).

79. Tarrahi MJ, Namjoo I, Borzoo-Isfahani M, Ebdali H, Moravejolahkami AR. Can probiotics supplementation improve glycemic and renal status in diabetic nephropathy? A systematic review and meta-analysis of clinical trials. *Endocrine, Metabolic & Immune Disorders-Drug Targets (Formerly Current Drug Targets-Immune, Endocrine & Metabolic Disorders)*. 2022;22(1):143-58.

80. Tarrahi MJ, Kianpour M, Ghasemi M, Mohamadirizi S. The effectiveness of simulation training in obstetric emergencies: A meta-analysis. *Journal of education and health promotion*. 2022;11(1):82.
81. Shirani K, Khorvash F, Soltani R, Ataie B, Tarrahi MJ, Fallah F. The effect of Vitamin B6 in the prevention of hematological adverse effects of linezolid in patients with chronic osteomyelitis: A randomized double-blind placebo-controlled clinical trial. *Advanced Biomedical Research*. 2022;11(1):67.
82. Shekarchizade N, Shafa A, Tarrahi MJ, Nafari N, Maglito M, Valletta A. Effect of fentanyl on the success of inferior alveolar nerve block for teeth with symptomatic irreversible pulpitis: a randomized clinical trial: Efficacy of Lidocaine combined with fentanyl for IANB. *Giornale Italiano di Endodonzia*. 2022;36(1).
83. Rezazadegan M, Soheilipour M, Tarrahi MJ, Amani R. Correlation Between Zinc Nutritional Status with Serum Zonulin and Gastrointestinal Symptoms in Diarrhea-Predominant Irritable Bowel Syndrome: A Case–Control Study. *Digestive diseases and sciences*. 2022;67(8):3632-8.
84. Rezazadegan M, Shahdadian F, Soheilipour M, Tarrahi MJ, Amani R. Zinc nutritional status, mood states and quality of life in diarrhea-predominant irritable bowel syndrome: a case–control study. *Scientific reports*. 2022;12(1):11002.
85. Nilchian F, Mosayebi N, Tarrahi MJ, Feiz A, Sadr O, Forozande Y. The effect of antibacterial agents of composite resin materials in dental caries prevention and reduction of flexural strength of the material: Systematic review and meta-analysis. *Journal of Oral Health and Oral Epidemiology*. 2022;11(4):179-91.
86. Najafi H, Farzi S, Tarrahi MJ, Babaei S, Chinnasamy P, Singaram V. Impact of online education due to the pandemic among college students: Knowledge, Attitude and Practices analysis with structural equation modeling. *Journal of Education and Health Promotion*. 2022;12(5):1-6.
87. Najafi H, Farzi S, Tarrahi MJ, Babaei S. Assessment of medication administration of nurses in medical cardiac wards and its relationship with some demographic characteristics: An observational study. *Journal of Education and Health Promotion*. 2022;11(1):190.
88. Naghshineh E, Mohammadabadi RD, Mehrabian F, Tehrani HG, Tarrahi MJ. Intrauterine instillation of human chorionic gonadotropin with intrauterine insemination catheter around the golden time of embryo transfer does not improve in vitro fertilization/intracytoplasmic sperm injection outcomes in infertile women: a randomized controlled trial. *Reports of Biochemistry & Molecular Biology*. 2022;11(2):358.

89. Mohamadi A, Moravejolahkami AR, Askari G, Tarrahi MJ, Hajiesmaeili M, Bahreini-Esfahani N. Alpha-lipoic acid did not affect lipid profile and blood pressure in critically ill patients: A randomized, double-blind clinical trial. *Mediterranean Journal of Nutrition and Metabolism*. 2022;15(3):323-31.
90. Moghimian M, Farzi S, Farzi K, Tarrahi MJ, Ghasemi H, Jafari F, Bighamian S. Patient safety culture in burn care units from the perspectives of healthcare providers: A cross-sectional study. *Journal of Burn Care & Research*. 2022;43(4):841-5.
91. Keshani F, Rashed S, Tarahi MJ, Maleki L. Changes in Salivary Antioxidants in Patients with Oral Squamous Cell Carcinoma: Systematic Review Study and Meta-Analysis. *Journal of Advances in Medical and Biomedical Research*. 2022;30(143):471-6.
92. Karimi E, Shahdadian F, Hadi A, Tarrahi M-A, Tarrahi MJ. The Effect of Saffron (*Crocus sativus* L.) Supplementation on Renal Function: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials. *International Journal of Clinical Practice*. 2022;2022(1):9622546.
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114. Yari F, Ghafarzadeh M, Tarrahi MJ. Effect of soy products on flashing in postmenopausal women. Yafteh. 2001;2(4):43-6.
115. Taherian SMR, tarrahi Mj. Prevalence of pediculosis in primary school students in Khorramabad. Yafteh. 2000;1(3):31-4.
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Contributed Papers In Published Conference Proceedings And Abstracts:

1. Assadifar B, Kheirollahi AR, Mousavi T, Tarrahi MJ. Study of relationship between antisperm antibody and risk factors for its formation in infertile men. 14th Congress of Iranian Society for Reproductive Medicine. Winter 2008.
2. Namdari, M., Ghafarzadeh, M., Beyranvand, M., Tarrahi, M.J. and Tahzibi, S. Coronary Spasm During Angiography And Comparison between Meglomin, Visipaque and Omnipaque. 15 th congress of Iranian Heart Association. 31 October to 3 november 2006.
3. Tarhani, F., Taei, N., Faraji, M., Dalvand, Sh., Tarrahi, MJ., Ahmadi, M., Analgesic effect of expressed breast milk in neonates during venepuncture. 22nd International Congress of Pediatrics – Oct 2010
4. Ebrahim Fallahi; Maryam Abbaszade; Mohammad Javad Tarrahi; Afshin Nazari. Effect of weight loss diet and Satureja Khozestanica Jamzad on overweight and obesity in women. 10th European Nutrition Conference. July 10–13, 2007, Paris, France
5. AR Kheirollahi¹, M Beiranvandi¹, M Bashashati¹, MJ Tarrahi. Sildenafil Citrate and Clomipramine versus Clomipramine Alone in the Treatment of Premature Ejaculation. 8th Asian Congress of Urology. August 22-26, 2006. Bali, Indonesia.
6. Kheirollahi AR, Heidari M, Rezanejad J, Tarrahi MJ. Results of 35 cases of pediatric TUL in 5 years, Khorramabad, Iran.
7. Torabi, A., Tarrahi, M.J., Mahmoudi, G.A. Impact of Safe Community on Road Safety. The 16th International Conference Safe Communities. 11-13 June 2007. Tehran
8. Rezaei, K., Sahranavard, M., Nazeri, M., Tarrahi, M.J. Comparison Of Surgical Hand Scrub With Betadine And Decosept On Bacterial Colony Count. South Africa Critical Care Society Congress. 14-17 august 2007 Sun city South Africa
9. Kheirollahi, S. Ahmadipoor, M. Bashashati, M.J. Tarrahi. Post- Vasectomy Complications In Khorramabad City, The West Of Iran. Fourth European Congress of Andrology and 23rd Congress of the French Speaking Society of Andrology. 7-10 December 2006. Toulouse, France.
10. Rezaei, K., Jibreili, R., Delfan, B. Davoodzadeh, M., Meshkat, H., Tarrahi, M.J. Comparison Of Topical Corticosteroids And Borage Juice Effect On Atopic Dermatitis. 1st Joint Meeting Of European National Societies Of Immunology

Under The Auspices Of Efis16th European Congress Of Immunolog.6-9
September 2006. Paris France

- 11.Rezaei,K.,Shahrokhi,S.,Davoodzadeh,M., Tarrahi,M.J., Borage tea effect on
urine & blood biochemistry in non dialytic chronic Renal failure patients.
Plants nutrition for food security human health & environmental health.2005.
China
- 12.Namdari,M.,Saket,S.,Tarrahi,M.J. ,Mirza,J. Prognostic Value Of C-Reactive
Protein In Acute Coronary Syndromes. EUGMS Symposium Geriatric
Cardiology.21-22 October 2005. Madrid
- 13.ParvizBahrami,ShahriyarFatehi,MohammadJavadTarrahi. Determination of
frequency of some causes of seizure recurrence in fifty patients suffered from
seizure. 40th Meeting Of The *Canadian Congress of Neurological Sciences*.
JUNE 14-18, 2005OTTAWA, ONTARIO

Certification of the Attendance in Workshop:

- 1- Meta Analysis Workshop. Medical Education Development Center of Isfahan
University of Medical Sciences, Isfahan, Iran. (1 February, 2018)
- 2- Meta Analysis Workshop. Medical Education Development Center of Isfahan
University of Medical Sciences, Isfahan, Iran. (23 November, 2017)
- 3- Question design workshop(Najma Software).Medical Education Development
Center of Isfahan University of Medical Sciences, Isfahan, Iran. (19 july, 2017)
- 4- EndNote Workshop. Medical Education Development Center of Lorestan
University of Medical Sciences, Khorramabad, Iran. (17 January, 2015)
- 5- AdvancedSearchWorkshop. Medical Education Development Center of
Lorestan University of Medical Sciences, Khorramabad, Iran. (24 January,
2015)
- 6- Education strategies &Teaching Methods Workshop. Medical Education
Development Center of Tehran University of Medical Sciences, Tehran, Iran.
(11-13 June, 2012)
- 7- Creativity and Innovation Workshop. Medical Education Development Center
of Lorestan University of Medical Sciences, Khorramabad, Iran. (26-27 May,
2009)

- 8- Scientific Writing Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (27-28 January, 2009)
- 9- Curriculum Development Workshop (Lesson plan - Course plan). Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (21 January, 2009)
- 10-Systematic Review Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (4-5 February, 2009)
- 11-Systematic Review Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (4-5 February, 2009)
- 12-Student counseling skills Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (14 June, 2007)
- 13-Introduction to Concepts, Methods and Tools for Strategic Planning Workshop Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (8-9 November, 2006)
- 14-Regional Workshop on Research Ethics. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (24-25 January, 2007)
- 15-Databases Workshop (3). Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (18-19 April, 2007)
- 16-Databases Workshop (2). Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (27-28 December, 2006)
- 17-Databases Workshop (3). Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (13-14 December, 2006)
- 18-Scientific Writing Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (20-21 June 2005)
- 19-Lecture skills Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (15-16 January 2005)
- 20-Advanced Workshop on Student Assessment Practices for Designing Questions. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (24-26 September 2002)

- 21-Training in basic and clinical sciences Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (3-5 January 2001)
- 22-Community Health Needs Assessment Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (14-15February 2001)
- 23-Teaching Methods Workshop. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (5-6 December 1995)

Certification of the Presentations in Workshop:

1. EPI software workshop for faculty members. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (18-19 April 2006)
2. EPI software workshop for faculty members. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (15-16 July 2003)
3. EPI software workshop for faculty members. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (11-12 May 2003)
4. Biostatistics and working with SPSS software Workshop .Gastroentrohepathology Research Center; Shiraz University of Medical Sciences, Shiraz, Iran.(2008)
5. Epidemiological Studies, workshop for JEHRC faculty members. Gastroentrohepathology Research Center; Shiraz University of Medical Sciences, Shiraz, Iran. (2008)

Research Methodology Workshops

1. Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (12-14 |June 1996)

2. Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (4-6 December 1996)
3. Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (11-13 June 1997)
4. Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (30-31 August 1996)
5. Research Methodology Workshop for Nurses. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (15-12 February 1998)
6. Research Methodology Workshop for Nurses. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (17-18 February 1999)
7. Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (June 2000)
8. Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (December 2000)
9. Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (February 2000)
- 1- Research Methodology Workshop for Health System Researchers. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (4-5 December 2001)
- 2- Research Methodology Workshop for Faculty members. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (5-6 February 2002)
- 3- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (25-27 May 2004)
- 4- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (6-7 January 2005)

- 5- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (9-11 March 2005)
- 6- Research Methodology Workshop for Population Research Center. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (5-10 March 2006)
- 7- Research Methodology Workshop for Health Services Staff. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (20-22 June 2006)
- 8- Research Methodology Workshop for Faculty members. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (1-3 July 2006)
- 9- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (1-3 September 2006)
- 10- Research Methodology Workshop for Population Research Center Staff. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (16-17 November 2006)
- 11- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (11 January 2007)
- 12- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (12 April 2007)
- 13- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (9 May 2007)
- 14- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (22 November 2007)
- 15- Sampling and Epidemiological Studies Workshop for Remedy Staff. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (13 February 2008)
- 16- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (20 October 2008)

- 17-Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (08 February 2009)
- 18-Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (16 November 2008)
- 19-Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (23 February 2014)
- 20-Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (1 March 2014)
- 21-Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (6 March 2014)
- 22-Epidemiological Studies Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (30 October 2014)
- 23-Epidemiological Studies Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (9 November 2014)
- 24-Epidemiological Studies Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (10 November 2014)
- 25-Observational Studies Workshop for Faculty members. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (19 May 2015)
- 26-Research Methodology Workshop for General Practitioner. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (April 2015)
- 27- Research Methodology Workshop for Students. Medical Education Development Center of Lorestan University of Medical Sciences, Khorramabad, Iran. (31 January 2014)
- 28- Research Methodology Workshop for Post Graduate Students. Medical Education Development Center of Isfahan University of Medical Sciences, Isfahan, Iran. (18-19 October 2017)